

Gender Benders!

with Juli Burney



The Interpersonal Communication “Stats”

Message being sent is: 55% non-verbal
 38% how you say something
 7% words

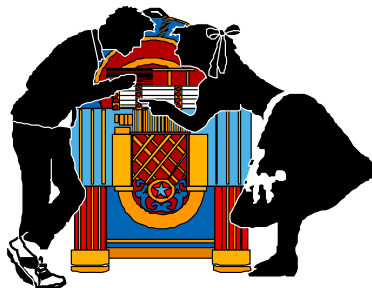
Adults attention span = 10 minutes (They will be polite for one hour)
New generation attention span = 5 minutes

Adults process ap. 800 wpm; Adults hear ap. 125 wpm
(675 words to distract attention)

Adults will make a judgment on someone in 10 seconds.
Adults will allow that person 2-4 minutes to prove that judgment correct.

ALL CONVERSATIONS ARE NEGOTIATIONS

Men negotiate Independence (separate & different)
Women negotiate Intimacy (close and the same)
Each of us, regardless of gender, negotiates according to our own needs.



Communication between males and females is a complex process made even more difficult by inaccurate assumptions.

Gender differences are not negatives. Do not confuse equal and same.

FEMALE CHARACTERISTICS

- indirect
- nurturing
- excel at verbal fluency & comprehension
- sometimes express to express
- look to themselves first if there is a - problem
- “helping” mentality
- respond emotionally to stress
- respond on four planes: intellectual, physical, emotional, & spiritual



MALE CHARACTERISTICS

- -direct
- -less delicate
- excel at logic and rational thinking
- express to resolve
- look to others first if there is a problem
- “fix it” mentality
- respond defensively to stress
- respond on two planes: -intellectual & physical.



Effective communication will be established through a growing awareness of our individual needs, compassion for our differences, and sensitivity to our individual rights.
Trust. Respect.

Humor is an acquired coping skill & a communication skill that gets better with practice.

- Humor
- diffuses an uncomfortable situation
 - builds rapport
 - opens a door for opportunity
 - relieves stress
 - burns calories



- Laughter is the shortest distance between two people.
- Victor Borg
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- Laughter is an instant vacation. –Milton Berle